

The invention refers to the medicine, namely to the method of diffuse mastopathy treatment.

The method, according to the invention, consists in that initially for the space of 5...6 weeks it is prescribed a macrobiotic diet with limitation of animal fats and proteins, at the same time during the first 7...10 days it is administered a sorbent 3 times a day in an efficient quantity 1 hour before meals *per os*, afterwards against the diet background it is administered a probiotic 2-3 times a day at meal-times in an efficient quantity during 3...4 weeks. After finishing the diet on the 9-th...13-th day of menstrual cycle it is carried out the electroacupuncture bioresonance testing with application of plate electrodes onto the palms, soles of the patient and application of magnetic electrodes onto the mammary glands, it is acted on the patient with electromagnetic waves of 1...1000 Hz and the power flux density of 1,0...1,2 mW/cm<sup>2</sup>, it is determined the wave bioresonance frequency, leading to the appearance of biological effects. Then, during 17 min, it is acted with waves of revealed frequency on the mammary gland region with alternation of excitation period of 3 s and of relaxation period of 1 s, afterwards it is carried out recording of the patient's electromagnetic field by means of magnetic inductors during 3 min onto an inert carrier, which is administered in an efficient quantity during 2...3 weeks 1-3 times a day sublingually. The course of treatment with electromagnetic waves includes 2...3 procedures with an interval of 3 weeks.

Claims: 1